

# K.A.C. EQUIPMENT NEEDS

\* updated 10/08/07

\* Bold indicates - mandatory equipment required!

<u>GROUP</u>	<u>AGE LEVEL</u>	<u>EQUIPMENT</u>	<u>Approx cost</u>	<u>Location</u>
A	8 & under	* <b>Team suit (Speedo quantum splice)</b>	\$55 female/ \$35 male	Kast-a-way Swim Wear
		* <b>Team T-shirt</b>	\$13	Coach Ed
		* <b>Team cap (if wear cap)</b>	\$5	Coach Ed
		* Goggles	\$7 - \$15	your choice
		* Flippers	\$20	Kast-a-way Swim Wear
B	9 - 11 Yr. Olds	* <b>Team suit (Speedo quantum splice)</b>	\$55 female/ \$35 male	Kast-a-way Swim Wear
		* <b>Team T-shirt</b>	\$13	Coach Ed
		* <b>Team cap (if wear cap)</b>	\$5	Coach Ed
		* Goggles	\$7 - \$15	your choice
		* Flippers	\$20	Kast-a-way Swim Wear
C	12 and older (includes high school)	* <b>Team suit (Speedo quantum splice)</b>	\$55 female/ \$35 male	Kast-a-way Swim Wear
		* <b>Team T-shirt</b>	\$13	Coach Ed
		* <b>Team cap (if wear cap)</b>	\$5	Coach Ed
		* <b>Goggles</b>	\$7 - \$15	your choice
		* Paddles- TYR Catalyst (recommended)	\$16	Kast-a-way Swim Wear
Extras for all groups:		* Equipment mesh bag (recommended if have several items)	\$10	Kast-a-way Swim Wear
		* Team Warm-ups (Varsity style)	\$70/ jacket	Kast-a-way Swim Wear
		* Team "Hoodie" Sweatshirt	\$27	Kast-a-way Swim Wear

**\* TEAM SUIT IS ALSO AVAILABLE IN PLAIN ROYAL COLOR**

The AHS pool has flippers starting at size 7 on up which swimmers may use in addition to kickboards.

Kast-a-way Swim Wear (777-7967) - is located in Westchester. Can order through their web site, [www.kastawayswimwear.com](http://www.kastawayswimwear.com) /see Ed for password.

When you call Kast-a-way for the team suit or team warm up, tell them you are with Kingfish Aquatic Club, they will know what the style is.

Please mark all personal equipment with your child's name. Any questions, please ask Coach Ed.

Check with Coach Ed to the size of paddles for your child

First team cap is free in joining / all caps after are \$5

Goggles are very individual. Larger face = larger goggle etc.