

## Warm-up Times and Lane Assignments

Warm time	Team	Women	Men	Total	Lanes
	<b>Friday Night Session 1</b>				
02:45	Sycamore Flying Fish	9	6	15	1,2,
02:45	MASON MANTA RAYS	7	0	7	3,
02:45	Mercy HealthPlex Sea Wolves	0	4	4	4,
02:45	Oak Hills Swimming Torpedoes	2	1	3	5,
02:45	Countryside YMCA Torpedoes	0	1	1	6,
02:45	MILFORD AREA SWIM TEAM	1	0	1	6,
	<b>Friday Night Session 2</b>				
06:15	Sycamore Flying Fish	33	20	53	1,2,3,4,5,6
06:45	MILFORD AREA SWIM TEAM	11	2	13	1,
06:45	Countryside YMCA Torpedoes	5	7	12	2,
06:45	Mercy HealthPlex Sea Wolves	3	7	10	3,
06:45	MASON MANTA RAYS	8	0	8	4,
06:45	Oak Hills Swimming Torpedoes	3	1	4	5,
	<b>Saturday Morning Session 1</b>				
06:30	Sycamore Flying Fish	45	32	77	1,2,3,4,5,6
07:00	Mercy HealthPlex Sea Wolves	10	20	30	1,2,3
07:00	Kingfish Aquatic Club	10	3	13	4,
07:00	MILFORD AREA SWIM TEAM	10	0	10	5,
07:00	Countryside YMCA Torpedoes	7	2	9	6,
07:30	Mariemont Aquatic Club	6	3	9	1,
07:30	Telford YMCA Piranhas	6	3	9	2,
07:30	Oak Hills Swimming Torpedoes	3	1	4	3,
07:30	MASON MANTA RAYS	1	2	3	4,
07:30	Cincinnati Aquatic Club	1	0	1	5,
	<b>Saturday Afternoon Session 2</b>				
12:30	Sycamore Flying Fish	36	19	55	1,2,3,4,5,
01:00	MASON MANTA RAYS	29	10	39	1,2,3
01:00	Mariemont Aquatic Club	20	9	29	4,5,6
01:20	Cincinnati Aquatic Club	12	9	21	1,2
01:20	Mercy HealthPlex Sea Wolves	9	12	21	3,4
01:20	MILFORD AREA SWIM TEAM	11	5	16	5,6
12:30	Kingfish Aquatic Club	4	2	6	6,

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Warm time	Team	Women	Men	Total	Lanes
12:30	Telford YMCA Piranhas	1	3	4	6,
12:30	Oak Hills Swimming Torpedoes	1	1	2	6,
	<b>Sunday Morning Session 3</b>				
06:30	Sycamore Flying Fish	39	28	67	1,2,3,4,5,6
07:00	Mariemont Aquatic Club	9	3	12	1,
07:00	Kingfish Aquatic Club	9	2	11	2,
07:00	Telford YMCA Piranhas	7	1	8	3,
07:00	Oak Hills Swimming Torpedoes	3	2	5	4,
07:00	MASON MANTA RAYS	3	2	5	5,
07:30	Mercy HealthPlex Sea Wolves	10	22	32	1,2,3
07:30	MILFORD AREA SWIM TEAM	11	4	15	4,5
07:30	Countryside YMCA Torpedoes	7	7	14	6,
	<b>Sunday Afternoon Session 4</b>				
11:45	Sycamore Flying Fish	36	10	46	1,2,3,4,5,6
12:15	MASON MANTA RAYS	24	10	34	1,2,3
12:15	Cincinnati Aquatic Club	15	10	25	4,5
12:15	Kingfish Aquatic Club	2	6	8	5,6
12:15	Telford YMCA Piranhas	4	1	5	5,6
12:15	Oak Hills Swimming Torpedoes	1	1	2	5,6
12:40	Mariemont Aquatic Club	12	7	19	1,2
12:40	Mercy HealthPlex Sea Wolves	9	10	19	3,4
12:40	MILFORD AREA SWIM TEAM	12	6	18	5,6